

# Career Technology Center February 2024 Lunch Menu

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Grab & Go

## Monday

Breaded Chicken  
Bacon Ranch Wrap

## Tuesday

Italian Hoagie

## Wednesday

Chicken Caesar  
Wrap

## Thursday

Turkey Club


## Friday

Buffalo Chicken  
Wrap

## Daily

Breaded Chicken  
Patty Sandwich

Fresh Produce from Local  
Farms based on crop availability

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> <b>Cheesesteak Hoagie</b> French Fries Fruit Low Fat Milk	<b>2</b> <b>Hawaiian or Plain Pizza</b> Roasted Carrots Fruit Low Fat Milk
<b>5</b> <b>Pulled Pork BBQ Sandwich</b> Baked Beans Fruit Low Fat Milk	<b>6</b> <b>Grilled Cheese Tomato Soup</b> Mixed Vegetables Fruit Low Fat Milk	<b>7</b> <b>Chicken &amp; Broccoli Alfredo w/Fresh Bread</b> Green Beans Fruit Low Fat Milk	<b>8</b> <b>General Tso Chicken Bowl</b> Broccoli Fruit Low Fat Milk	<b>9</b> <b>Italian Dunkers w/dipping sauce</b> Carrots Fruit Low Fat Milk
<b>12</b> <b>BBQ Rib Sandwich</b> French Fries Fruit Low Fat Milk	<b>13</b> <b>Walking Tacos w/Rice</b> Golden Corn Fruit Low Fat Milk	<b>14</b> <b>Fish Sticks w/ Bread Slice</b> Seasoned Peas Fruit Low Fat Milk	<b>15</b> <b>Turkey &amp; Cheese Melt on a Pretzel Bun</b> Mixed Vegetables Fruit Low Fat Milk	<b>16</b> <b>In Service Day</b>
<b>19</b> <b>NO SCHOOL</b> 	<b>20</b> <b>Buffalo Chicken Nachos</b> Golden Corn Fruit Low Fat Milk	<b>21</b> <b>Pasta with Meat Sauce and Breadstick</b> Seasoned Green Beans Fruit Low Fat Milk	<b>22</b> <b>Popcorn Chicken Bowl w/ Fresh Bread</b> Mashed Potatoes with Gravy Fruit Low Fat Milk	<b>23</b> <b>Taco or Plain Pizza</b> Seasoned Peas Fruit Low Fat Milk
<b>26</b> <b>Hunan Orange Dumplings</b> Broccoli Fruit Low Fat Milk	<b>27</b> <b>Beef Nachos with Queso</b> Golden Corn Fruit Low Fat Milk	<b>28</b> <b>Egg &amp; Cheese Sandwich on a Bagel</b> Tater Tots Fruit Low Fat Milk	<b>29</b> <b>Chicken Cheesesteak Hoagie</b> French Fries Fruit Low Fat Milk	<b>1</b> <b>Chicken, Bacon, Honey Mustard or Plain Pizza</b> Roasted Carrots Fruit Low Fat Milk

## Accompaniments

\*Must take at least one 1/2 cup of fruit or vegetable

\*Vegetable Bar includes:

Broccoli Florets  
Baby Carrots  
Dark Leafy Greens  
Legume Salads  
Celery & Cucumber

\*Fruits include:

Crisp Apple  
Sliced Peaches  
Mixed Fruit  
Fresh Orange  
Banana  
Pineapple Tidbits  
Diced Pears  
Applesauce



Milk Choices Offered Daily:  
1% white, non-fat white, non-fat flavored



**MENUS SUBJECT TO CHANGE**

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE



Whole Grains  
Available Daily